

# The Warrior

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## Sacred Web Recovery Coalition

### Wellbriety Trainings for Recovery Support

June-July, 2011  
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Sacred Web Recovery Coalition is embarking on a new venture beginning in 2011.

We will begin sponsoring some of the Wellbriety Movement Recovery Support meetings from White Bison, Inc and Wellbriety for Prisons, Inc. We have experimented with sponsoring and hosting some of the trainings previously but in 2011 we will begin to utilize our current location to bring these trainings to Montana.

Since 2006, Sacred Web Recovery Coalition has continued to be an advocate for the Warrior

Down Program and the Wellbriety Movement. When embarked on creating a Warrior Down group here in Great Falls, MT in 2006. Now the Great Falls Warrior Down group is ready to embark on their own venture by becoming self-sufficient as a Recovery Support group. The Great Falls Warrior Down group will begin their new journey on June 7-9, 2011 as they attend the Medicine Wheel & 12 Steps for Prisons and Re-entry Certification Training.

Sacred Web Recovery Coalition will also be beginning a new journey as we begin reaching

out to other communities who have shown interest in creating their own Warrior Down Recovery Support group in their communities. We have begun our new journey by traveling to the Eastern Shoshone *(continued on back page)*



Our Seminar Room!

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### Access to Recovery Program

Sacred Web Recovery Coalition is currently one of the Access to Recovery Intake and Care Coordination sites for Great Falls, MT. We started to offer the Access to Recovery Services in

January 2011. As an Intake and Care Coordination site we are able to offer more of the Recovery Support Services to our clients like Treatment for Alcohol and Drugs and other services for

our clients that will help them recover from their addictions. We encourage those individuals who wish to make that change in their lives to contact us at our phone number listed on the back.

## Medicine Wheel & 12 Steps for Prison Training

On June 7-9, 2011 Sacred Web Recovery Coalition hosted the Medicine Wheel & 12 Steps for Prisons training. There were 7 candidates registered to attend the training. We are looking forward to continue to offer the Wellbriety Movement trainings to those communities, organizations and individuals who want to help their Sisters and Brothers who struggle with their Recovery. The Facilitator for the Medicine Wheel & 12 Steps for Prisons training is Blaine "Woody" Wood. Woody is the COO for Wellbriety for Prisons, Inc.

located in Idaho. The training was held at current location in Great Falls, MT. We are located in the 1<sup>st</sup> United Methodist Church on 2<sup>nd</sup> Ave N. The training started at 8:30 am on Tuesday, June 7, 2011 and last for 3 days ended at around 4:30 pm on Thursday, June 9, 2011.

The Medicine Wheel & 12 Steps for Prisons training forms the basis for the Warrior Down program. For those individuals attending the training they are able to offer an alternative to the traditional 12 Steps support by offering the 12

Steps steeped in Native American traditions and culture. We plan on offering more Medicine Wheel & 12 Steps for Prisons trainings in the near future.



## Great Falls Women in Wellbriety Circle

We will be helping with the women involved with the Great Falls Warrior Down group to begin building Women in Wellbriety Circle. The Women in Wellbriety Circle is the continuation of the "Healing Forest" teachings of the White Bison, Inc Wellbriety Movement to help bring harmony and balance to those Native communities who struggle with the destruction and chaos caused by

alcohol and drug addictions. It is our hope to continue supporting the Wellbriety Movement and the "Healing Forest" teaching by forming Women in Wellbriety Circle

**"Native communities who struggle with the destruction and chaos caused by alcohol and drug addictions."**

for the Great Falls Native American Community. We will begin registering our Circle this upcoming week and look at beginning the process of obtaining the 7 different trainings and programs specifically for "Women Only". Currently there are a couple Certified Facilitators for the Medicine Wheel & 12 Steps for Women. *(Continued on page 3)*

## Warrior Down - A Recovery Support Program

The Warrior Down Program that we offer as one of our primary Recovery Support programs has grown from a meeting of 2 to 3 individuals to a major Recovery Support program that many communities and individuals want to create in their own communities.

We are extremely proud and excited that we can begin to take Warrior Down to other communities

where we can help our Brothers and Sisters who are looking for a Peer to Peer Based Recovery Program. For many Brothers and

**"who are looking for a Peer to Peer Based Recovery Program."**

Sisters who are returning from being incarcerated or coming from a Treatment Center there is often no Recovery Support groups or services available for them to reach out to. Warrior Down was designed to help fill the vacancy by giving Peers who live in the community and are in Recovery the ability to reach out to those Brothers and Sisters coming back to their communities. *(Continued on page 3)*

## Warrior Down - A Recovery Support Program...continued from page 2

We have seen that those individuals who return to a community that has a Peer to Peer Recovery Support program are less likely to relapse and return back to either prison or treatment.

For many individuals returning back to their communities on the reservation or in the urban areas is returning to an environment where family members and community members are still caught up in their addictions. Often times they lose hope and give in to returning back

to that old lifestyle of alcohol and drug addictions. This leads to the individuals violating their probation and parole terms which results in their return back to the prison system. Often times for many of these individuals this maybe their last time to change.

Warrior Down gives this individuals the hope that they are searching for to help them return to their community and to return back as a healthy individuals. For those women who are returning back from being incarcerated or treatment this gives them the

opportunity to reconnect with their children.

Warrior Down helps the communities by helping to reduce the crimes that are committed by those individuals searching for money to feed their addictions. It also helps reduce the violence that comes from drinking and using.

For those communities interested in learning more about the Warrior Down program contact us by either a phone call or email us at the contact information on the back of our newsletter.

## 4<sup>th</sup> Annual Wellbriety Conference and Pow Wow

We are proud to host another Wellbriety Conference and Pow Wow in September. This will be our 4<sup>th</sup> Wellbriety Conference and Pow Wow celebrating Sobriety.

This year we will be returning to the not only having a Pow Wow but to host a Wellbriety Conference. At our 1<sup>st</sup> Wellbriety Event we had a Conference followed by a Pow Wow so we are returning back to

this format. We hope to be able offer more speakers for our conference. We are working on what type of conference we want to

**“We are proud to host another Wellbriety Conference and Pow Wow in September.”**

offer at our event. We will continue to post our updates on our website, in our newsletter and on those Social Networks we are using to get our message of Wellbriety out to help others. We are on Facebook, Twitter and LinkedIn. We hope to once again have a great turnout for not only the Conference but the Pow Wow.

## Great Falls Women in Wellbriety Circle ....continued

One of our goals is to be able to send some of the women to the 1<sup>st</sup> gathering of the 100 Women in Wellbriety in Minneapolis, MN.

The contacts for the Great Falls Circle of Women our Brenda DuBois and Janae Wiseman which to contact please call our office phone (406) 727-0062. Janae joins us this past week coming from Billings, MT where she was with a

Recovery Support Service provider. We are encouraging all Native American Women who are residing in the Great Falls, MT community and who wish to be involved with this new venture to give us a call.

To learn more about the Women in Wellbriety you can visit this link <http://www.whitebison.org/women-in-wellbriety/index.htm>. We

encourage all in the Great Falls Native American community to support our Native Women as they are the “Life Givers and Teachers of all our children.



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*"Healing the Broken Warrior"*

We're on the Web!

### Mission Statement

"To Walk in Peace, Harmony and Balance helping those Brothers and Sisters of the Four Directions struggling with alcohol, drugs and other addictive disorders or behaviors become healed once again."

### Vision Statement

"IT IS OUR VISION THAT WE WHO MAKE UP THE SACRED WEB RECOVERY COALITION BE ABLE TO BRING PEACE, HARMONY, BALANCE AND GOOD HEALTH TO NOT ONLY OUR OWN PEOPLE OF THE RED NATIONS, BUT TO OTHERS OF THE FOUR NATIONS THAT LIVE ON OUR EARTH MOTHER. WE WILL USE THE TEACHINGS THAT THE CREATOR GAVE TO OUR GRANDFATHERS TO AID US AS WE STRIVE TO FULFILL OUR VISION."

We look forward to being able to help those communities and families struggling with the devastation that many of our Native communities deal with on a daily basis. Contact us for either a presentation or consultation in creating a Warrior Down program in your community.

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## Wellbriety Trainings for Recovery Support...Continued from front page

Recovery program at Fort Washakie, WY to make an initial Warrior Down Startup Presentation to a group of peers. We are waiting to return to the Wind River Reservation to help create a Warrior Down group for the Eastern Shoshone and Northern Arapaho people.

We are looking forward to returning to the Wind River Reservation to help our Brothers and Sisters in Recovery create a "Healing Forest Community". We have been in contact with other communities who have shown interest in creating their own Warrior Down group. For us at Sacred Web Recovery Coalition

this is a humbling honor to be able to go and help our Sisters and Brothers with their own Recovery Journey.

Missoula, Butte and Helena have expressed interest in creating a Warrior Down group in their communities. As with all things there is a dollar cost for us to go and help with the creation of a Warrior Down group. We work on keeping the expenses down to a bare minimum so those communities who want to create a Warrior Down group will be able to do so.

If you as a community are interested in creating a Warrior Down group you may contact us

at our contact information above or on the back page of this newsletter. We look forward to hearing from those communities wishing to create a Warrior Down Group.

